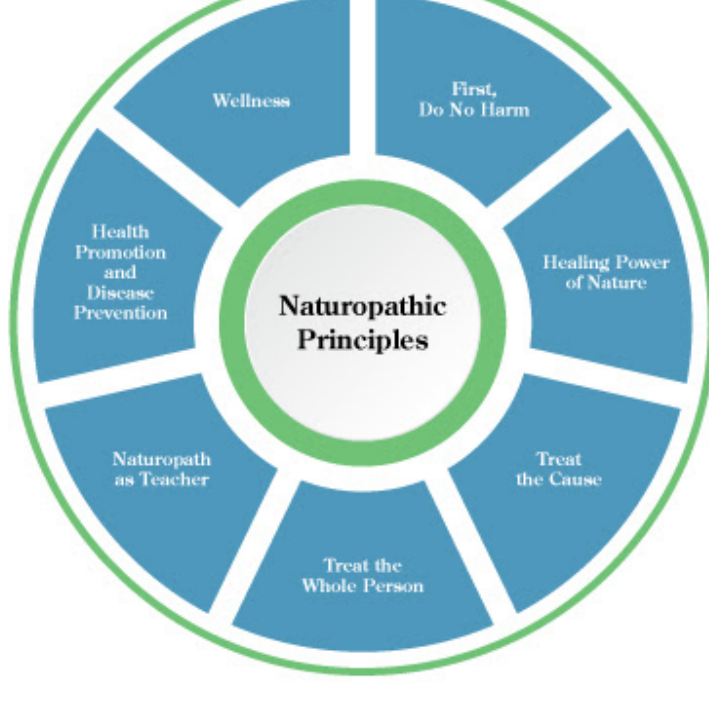


Naturopathy

Practice, Effectiveness, Economics & Safety



Edited by

Iva Lloyd • Amie Steel • Jon Wardle

Health Technology Assessment (HTA)

We are pleased to announce that the Health Technology Assessment - Naturopathy is nearing completion and will be published in October 2021. It is the single most important project the WNF has undertaken (to-date) and is the standard that governments and the WHO use when evaluating a profession and determining how it compares to other health professions.

This project would not have been possible without the support of the global naturopathic community. We wish to acknowledge the financial support of the Naturopaths and Herbalists Association of Australia (NHAA) for this project. More than 50 authors contributed to the project and no less than 40 WNF members peer-reviewed the material. Thank you to everyone for helping this project come to fruition.

If you would like to learn more about our HTA, please [click this link](#) to watch an interview with the lead authors. For an overview of the project, please [click this link](#) to the Synopsis. We are looking for assistance from our members to translate the Synopsis. If you can help, please contact info@worldnaturopathicfederation.org

If you wish to receive hard copies of the HTA, and have not yet responded to our email confirming your shipping information, please follow-up by October 31st.



Environmental Pollutants Initiative

Chair: Moira Fitzpatrick, PhD, ND

The environmental health committee in collaboration with the communications committee began a campaign to educate people about toxic pollutants, what are they, how they affect health and what you can do to protect yourself. The campaign began with food, including the effects of processed food on health, how additives to food affect children's health, and the effect of sugar on health. Food is medicine. Organic and local food is better medicine.

Food feeds the microbiome. The microbiome is made up of bacteria, fungi, and viruses. Dysbiosis is an imbalance in the diversity primarily of bacteria in the gut. Environmental pollutants can disrupt the microbiome. This disruption can affect how well you are protected from infectious diseases, chronic disease, digestive issues, weight, and your mental health.

The Environmental Health Committee website provides information and concrete ways that you can protect yourself and your family. Go to the [World Naturopathic Federation website](#) and click on [Environmental Risk factors website](#).

You will learn how environmental pollutants affect your health. The next phase of the website development is on the conditions affected by pollutants. Plastics are everywhere and plastic contains phthalates. Phthalates have been linked with reproductive, developmental, and immune health. The next focus evolves around autoimmune disease, obesity, cardiovascular disease, cancer, diabetes, mental health.

Information is provided about ways you can make your home healthier. There are toxic substances in your cookware, cleaning products, personal care products and even in the dust in your home. The best way to protect yourself is preventing exposure. Learn about what is in your food, the products you buy, and you can then make informed choices for your health and your family.

The Environmental Health committee is on a mission to educate people across the globe so we can protect ourselves and our planet. If you would like to be a part of this mission, the Environmental Health committee is seeking more members from all world regions as we discover both commonalities and differences in pollutants that affect us. Contact: info@worldnaturopathicfederation.org

Thank you participating in the Environmental Health Committee's mission and please share this information!

The WNF is supporting the Environmental Health initiative with a 2 year campaign (two posts a week on our 4 platforms) to educate the public. Nearly 18,000 people were reached in the first four months. Please help us by sharing the messages widely through your channels.



Tina Hausser, HP, Naturopath, Chair, WNF Communications Committee

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