

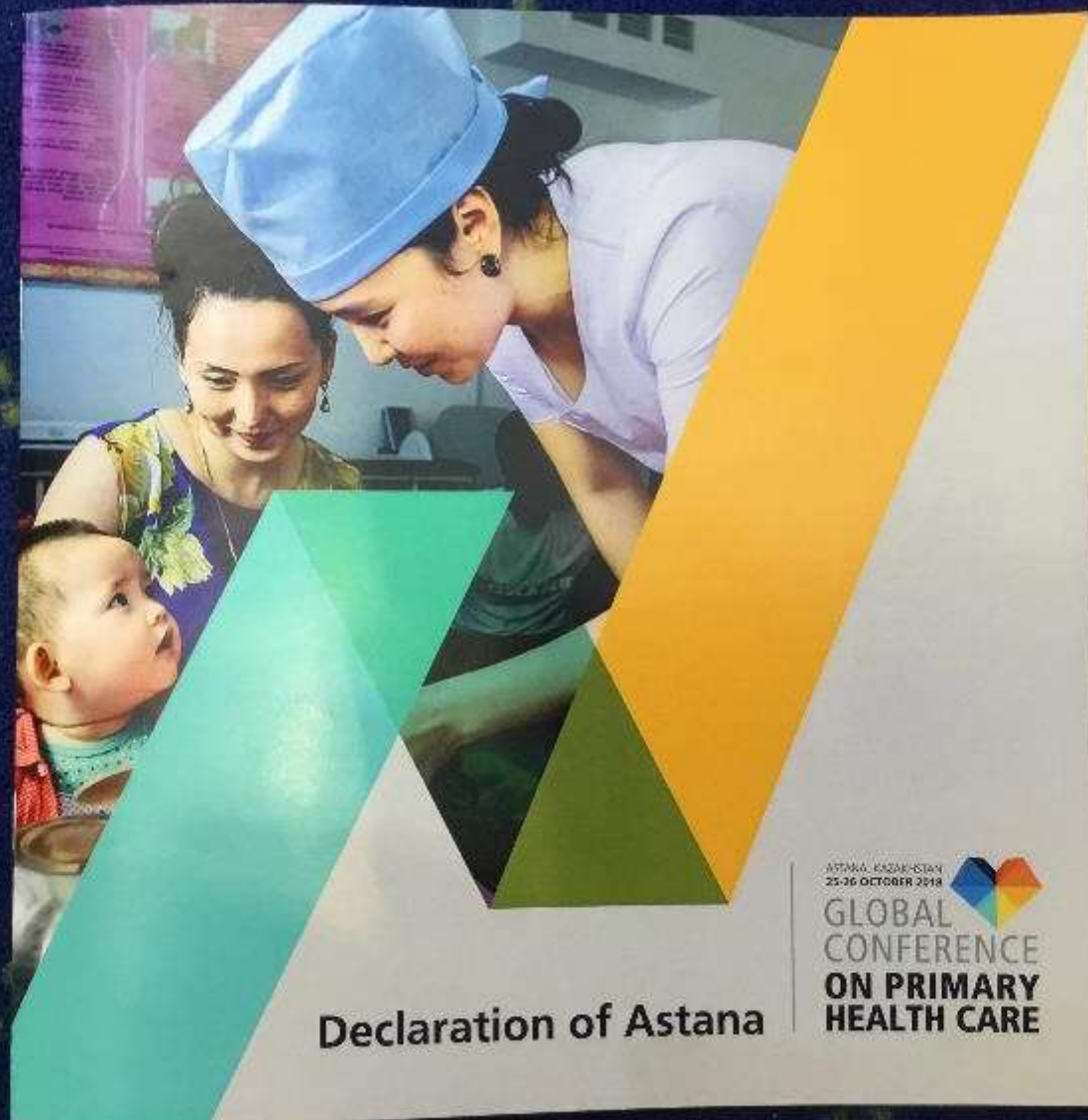
WNF Response to the Astana Declaration

January 2019

International Health-Care Declarations

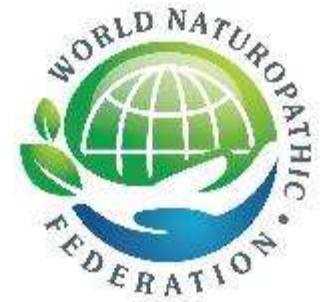


- Alma-Ata Declaration (1978) – “Health is a fundamental right”. First international declaration underlying the importance of basic primary health care (PHC) for all .
- 2008 World Health Report – highlighted the poor health outcomes of many communities, including health inequities between and within countries.
- October 25th & 26th 2018 in Astana, Kazakhstan – 2000 delegates(120 countries) representing world leaders, state members, health experts and global organizations to discuss future of health-care: “*primary health care for all*” and “*universal health-care coverage*”



<http://www.who.int/primary-health/conference-phc>

Global Conference on Primary Health Care – Key Messages



- Health is directly correlated with economic growth & development
- Last forty-years increase in life expectancy, a decrease in maternal and child mortality, decrease in many infectious diseases and a change in the tide of HIV.
- Progress has been uneven and unfair. Many challenges: aging, non-communicable diseases, mental health, etc.
- Too much focus on treating specific diseases at the expense of prevention and addressing the determinants of health.



WHO Director General Tedros Adhanom Ghebreyesus



World Health Organization

unicef
for every child

4th
Annual Meeting
of the
High Level Panel of
Experts



Goals / Focus of Astana Declaration

- **Primary Health Care (PHC)**
- **Universal Health Coverage (UHC)**
- Prevention
- Patient-centered health-care and patient-education
- Determinants of Health
- Self-responsibility and Sustainability
- Focus on the Antimicrobial Resistance (AMR) and Non-Communicable Diseases (NCD)
- Need to embrace technology, including e-health
- Increased collaboration and cooperation between the public and private HC systems and between different aspects of HC
- Harnessing of integrative HC and multi-disciplinary teams
- PHC driven by country context including specific social demographical variances in each region.



Dr. Iva Lloyd, ND
President of the WNF
and
Dr. Jon Wardle, PhD, ND
Secretariat of the WNF

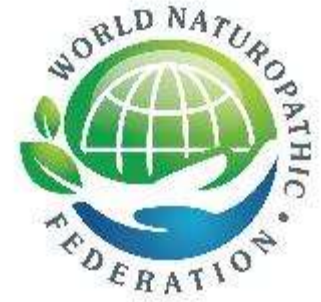
attended the Global
Conference on Primary
Health Care

Astana Declaration – Key Points for Naturopathy



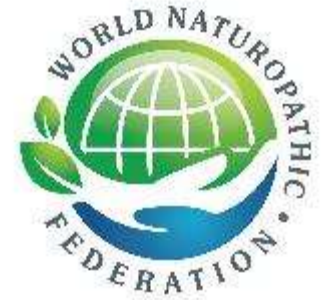
- Traditional knowledge and traditional medicines were included in the Declaration (they were not included in the draft!!)
- Only two T&CM professionals invited to the meeting – Naturopathic and TCM.
- Astana Declaration goals are consistent with naturopathic principles and goals.
 - Focus on prevention, determinants of health, patient-centered health-care, patient education, self-responsibility and sustainability
 - Encourages collaboration and cooperation between all systems of medicine.

Ensuring the Naturopathic Profession is “Part of the Conversation”



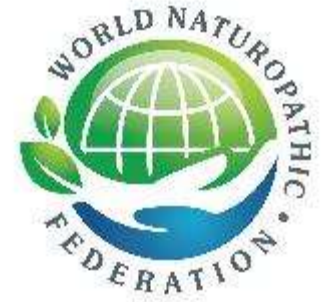
- Engaging in, supporting and encouraging naturopathic research
- WNF documents – codifying the global naturopathic profession
- Official WHO collaboration
- AMR & NDC Initiative
- Position Papers – smoking, sugar, environment
- Health Technology Assessment – Naturopathic profession
 - Internal review of the naturopathic profession
 - Outlines the practice, costs, safety and effectiveness of naturopathic practice. Determines the “BOX” WHO and governments put us in.

WNF – Recommendations re: Declaration on PHC



- Be “Part of the Conversation” – especially on key global health issues
- Increase reference to patient education / public education (naturopathic practitioners are great at health education)
- Highlight the community clinic involvement of the naturopathic schools and naturopathic professionals
- Language is key – #WNF_info, #HealthCareForAll, #Naturopathic
 - Prevention
 - Patient Education
 - Self-responsibility and Sustainability
 - Determinants of Health
 - AMR, NCD, PHC

To Follow the WNF



- Visit our website: www.worldnaturopathicfederation.org
- Follow us on Facebook
- Follow us on Twitter
- Email us at: info@worldnaturopathicfederation.org
- Volunteer for the WNF