



■ WNF Member

## WNF Members Newsletter



### Celebrating Naturopathic Medicine Week in Canada

Each May, the **Canadian Association of Naturopathic Doctors (CAND)** supports Naturopathic Medicine Week (NMW), a national initiative celebrating the principles and people behind naturopathic medicine. Since its inception nearly 25 years ago, NMW has grown into a vital awareness campaign guided by a pan-Canadian committee of representatives from provincial associations and Canadian naturopathic medical schools.

Provincial associations, schools, and local clinics play a key role through regional and local events, contests, and grassroots campaigns. NMW promotes public awareness, fosters collaboration with other health professionals, and engages policymakers in recognizing naturopathic medicine's role in healthcare.

#### NATUROPATHIC MEDICINE WEEK IS DRIVEN BY:

- › Promoting the benefits of naturopathic medicine to the general public
- › Collaboration with other healthcare professionals
- › Advocacy for the profession with policymakers



NATUROPATHIC 20  
MEDICINE WEEK 25 

- National media coverage
- A formal announcement in Canada's Parliament
- Recognition in the federal government "health promotions days" calendar
- Social media campaigns focusing on patient stories, ND spotlights, health education content
- Support for regional public awareness initiatives
- Customizable templates for regional associations and ND's

## Naturopathy Day in India

Naturopathy Day is celebrated on November 18th each year in India by the Government of India to commemorate Mahatma Gandhi's commitment to natural healing, marked by his signing of the All India Nature Cure Foundation Trust in 1945. Deeply influenced by naturopathic principles, Gandhi considered nature cure a vital component of health and self-reliance. His legacy continues to inspire India's holistic health movement. From an Indian perspective, Naturopathy Day highlights the nation's rich tradition of natural healing systems, aligning with the principles of ahimsa (non-violence) and sustainable living. Institutions like the National Institute of Naturopathy (NIN), Pune, and the Central Council for Research in Yoga & Naturopathy (CCRYN), Ministry of AYUSH, play a pivotal role in promoting naturopathy through awareness campaigns, public lectures, wellness camps, education, and research. Yoga and naturopathy physicians led by **Indian Naturopathy and Yoga Graduates Medical Association**, the professional body for Yoga & Naturopathy in India, celebrate this day by conducting free consultations, health talks, and community outreach programs across the country. The celebration reinforces India's commitment to integrative health, self-care, and the preventive, promotive role of natural medicine in public health.



## Celebrating Naturopathic Medicine Week in the USA

The **American Association of Naturopathic Physicians (AANP)** invited the global naturopathic community to join in celebrating Naturopathic Medicine Week, from May 4 – 10, 2025. This year's theme – "Naturopathic Medicine: Caring for the Whole You" – spotlights the essential role naturopathic doctors (NDs) play in addressing the root causes of illness and promoting holistic, patient-centered healthcare.

**Real healing starts at the root.  
Naturopathic doctors go deep.**



[naturemed.org](http://naturemed.org)

[naturopathic.org](http://naturopathic.org)

More than just a celebration, Naturopathic Medicine Week is a public educational campaign designed to raise awareness of the whole-person approach that defines naturopathic medicine. The AANP uses this opportunity to highlight how naturopathic care is safe, effective, affordable, and contributes to improved patient outcomes when integrated into broader healthcare systems. To support engagement and participation, the AANP distributes campaign materials—including social media copy and graphics to members and affiliates. Together, we celebrate the impact of naturopathic medicine and continue working toward a healthier world.



## AANMC Student Choice Faculty Impact Awards

At the **Association of Accredited Naturopathic Medical Colleges (AANMC)**, we believe that naturopathic medical school faculty, students, naturopathic doctors, and their patients are at the heart of holistic healthcare. In honor of Naturopathic Medicine Week, we are proud to announce the 2025 recipients of the Student Choice Faculty Impact Award!

This award recognizes faculty members who have made an extraordinary difference in the lives of students, helping to build a stronger, healthier future through naturopathic medicine. These individuals exemplify dedication, mentorship, and a commitment to advancing the field through education.

On behalf of the AANMC Board of Directors, we extend our deepest gratitude to the faculty members who form the foundation of knowledge and learning for our students and graduates. Your commitment shapes the future of naturopathic medicine and empowers the next generation of healthcare leaders.

Meet the Nominees and Recipients: [Student Choice Faculty Impact Awards 2025](#)

Award Images: [2025 Award Images](#)

Thank you to all the students who participated in the nomination process, and congratulations to this year's honorees!



## Since 1984, Building a Naturopathic Workforce in Spain

This year marked the 41st anniversary of the professionalization of Naturopathy in Spain. On May 21, Spain's National Naturopathic Day, the country's naturopathic professional association, **OCN FENACO**, recognized the achievements of naturopaths with an ceremony broadcast live on [YouTube](#). Ten awards, covering a broad range of categories from students to entrepreneurs, celebrated the profession, its struggle, its achievements, and its progress over the past four decades. Significant milestones were highlighted, and the future of the profession was reflected upon by the Board of Directors during the broadcast. Through social media, naturopaths were encouraged to participate in events, share their experience, and add their voice to the naturopathic legacy of Spain.



## 10th Anniversary of the Naturopathic Profession in Poland

This year marks the 10th anniversary of the official recognition of the naturopathic profession in the Polish craft and vocational training system. Since 2015, the profession has been growing rapidly, establishing itself as a pathway for supporting health in a holistic, ethical and professional manner. The end of May and the beginning of June are dedicated to special events, meetings and reflections on the path that naturopathy has taken in Poland. The anniversary is not only a reason to celebrate together, but also a commitment to maintain high standards of education, support scientific development and promote natural methods of restoring health. Submitted by **Szkoła Zen Reiki w Polsce**.



## Welcoming Our Newest Full Member – INA

In recent years, naturopathy in Israel has experienced notable growth. The **Israeli Naturopathic Association (INA)** has been instrumental in this advancement, organizing lectures, seminars, and workshops to elevate professional standards among naturopaths. Efforts have been made to formalize the profession and increase public recognition of naturopathy as a legitimate therapeutic approach. These initiatives include engagements with the Council for Higher Education and legislative proposals in the Knesset to regulate complementary medicine professions and establish academic degrees in the field. The discipline is gaining broader exposure, with increased integration of clinical research, professional development, and public awareness.

A significant milestone was the “Spotlight on Skin” conference held on January 23, 2025, at the Levinsky-Wingate Academic Center in Tel Aviv. This event, organized by the Israeli Naturopathic Association in collaboration with the academic center, focused on dermatological health from a naturopathic perspective. Key sessions included discussions on neurodermatitis and the mind-body connection by Prof. Rafi Carasso, the relationship between nutrition and acne by Dr. Sivan Mercer, and practical applications of herbal medicine in treating skin conditions by Gal Mordechai Ran, ND. The main goal of the conference was to foster collaboration and understanding between conventional and naturopathic medicine.



- The Israeli Naturopathic Association continues to champion holistic healing, even amid national crises.
- Naturopathic practitioners in Israel offer vital emotional and physical support, emphasizing stress relief, nutrition, and natural resilience.
- Programs like “Nature Heals” reflect naturopathy’s core values – using nature and community to restore health.
- INA promotes integrative care rooted in science and tradition, helping Israelis maintain well-being under extreme conditions.
- As awareness grows, naturopathy is becoming a trusted pillar of public health support and emotional recovery in Israel.



## Naturopathy Industry Days at Endeavour College



In celebrating naturopathy, **Endeavour College** holds ‘Naturopathy Industry days’ on each of their local campuses. They are always a hit with students. The Melbourne event was held May 25, events are still to run in Adelaide, Gold Coast, Brisbane, Perth and Sydney.



## Getting to know you!



"*Greetings from . . .*", the WNF's new bi-monthly initiative that highlight's the naturopathic profession in one of our Full Member country's is a hit! The hour-long, informal conversation, hosted by the Full Member may include guests such as Educational Institutions, gives viewers an inciteful look into the profession, the challenges and the successes. Click to view videos from: Canada, Australia, Brazil, and India.



## Torrens University

**Torrens University** has been delivering excellence in naturopathic education for over 60 years, originating in the Southern School of Natural Therapies established in 1961. This creates an unparelled legacy though our vast alumni network as well as the new graduates of today. We celebrate the naturopathy profession though sharing the stories of our students, our staff and the profession with the broader community through channels including blogs, social media and video. The Practice, our student-led health and wellbeing clinic, provides heavily subsidised naturopathic care to 1000's of people in the communities we serve every year.





## The NHAA Awards for Excellence

The **Naturopaths and Herbalists Association of Australia (NHAA) Awards for Excellence** Gala were held during the Naturopathic Symposium to honour outstanding professional and community contributions in the field. The Symposium itself brought together more than 50 speakers – selected through a rigorous, blind peer-review process for abstract submissions – who led keynote presentations, panel discussions, and interactive workshops. This dynamic gathering fostered a spirit of learning, collaboration, and innovation, while showcasing the evolving future of naturopathy.



## Celebrating 5 Years of NCNM

The **National Centre for Naturopathic Medicine (NCNM)** is honouring a remarkable legacy in integrative healthcare! It's been five years since the NCNM was founded, and thirty years since Southern Cross University pioneered naturopathy education – the first public university in the world to do so.

Explore our [Stories of Impact](#) and join us in shaping the future of integrative healthcare.

