



■ WNF Member

WNF Members Newsletter

Twelve stories from 6 world regions highlight this edition of the WNF Members' Newsletter. While legislation is top of mind for many, students and grads are featured in over 25% of this issue's articles. Thank you to our Members who submitted.

Africa

EWE – MEDJI Polytechnic Center Builds Partnerships to Strengthen Knowledge in Holistic Care

EWE – MEDJI Polytechnic Center has established partnership agreements with Homeopaths Without Borders – France, as well as with CABSIN from Brazil, and WNF Educational Member SGT University of India, with the goal of diversifying the acquisition of multicultural and scientific knowledge in holistic care.

One of their aims is the restoration of Africa's plant, cultural, and gastronomic heritage, including that of Afro-descendant communities.



Representatives from EWE – MEDJI Polytechnic Center welcomed Professor Caio Fábio Portella, Naturopath, lecturer-researcher, WNF President and Director of CABSIN Brazil.



Ghana Conducts their First-ever Naturopathic Licensure Examination

About 50 graduates of Nyarkotey College of Holistic Medicine & Technology sat for the first-ever Professional Naturopathic Qualifying Examination conducted by the Traditional Medicine Practice Council (TMPC) under Ghana's Ministry of Health. The TMPC, established under Act 575, is the legally mandated institution responsible for regulating traditional medicine and, by ministerial directive, Complementary and Alternative Medicine (CAM) practice in Ghana.



The professional examination forms part of Ghana's growing commitment to standardizing and legitimizing naturopathic practice across the country, ensuring that practitioners meet both academic and ethical standards. Successful candidates will soon be formally inducted as Professional Naturopaths by the Council.

Asia



First BNYS Graduates from SGT University

The first class of students from the School of Naturopathy and Yogic Sciences (SNYS), SGT University, Gurugram, India, has successfully graduated their first cohort of students from the five-and-a-half-year Bachelor of Naturopathy & Yogic Sciences undergraduate program, including the compulsory internship.

This achievement not only represents the academic success of the graduating cohort but also underscores SGT University's pioneering role in nurturing competent naturopathy and yoga physicians equipped to serve in clinical practice, research, wellness entrepreneurship, and integrative healthcare systems. As regulatory reforms and academic milestones converge, the School of Naturopathy and Yogic Sciences continues to contribute meaningfully to the future of holistic healthcare education – both in India and across Asia.



Eastern Mediterranean



WNF Welcomes Eastern Mediterranean Naturopathic Physicians Federation (EMNPF)

The WNF's newest Full Member, Eastern Mediterranean Naturopathic Physicians Federation (EMNPF) unites 10 licensed naturopathic doctors (NDs) from the United Arab Emirates, Bahrain, and Qatar, to advance evidence-informed, integrative primary and specialty care.

The EMNPF represents a growing naturopathic community aligned with international educational and Naturopathic Doctor clinical practice standards. The founding members include NDs working in oncology support, women's health, metabolic and cardiovascular prevention, mind-body medicine, longevity, pediatrics, and fertility. The EMNPF promotes modern, collaborative practices, often working alongside medical specialists in hospitals and outpatient centers adhering to the highest safety, regulation, and scientific dialogue (committed to evidence-based naturopathic practice). The EMNPF is a key advocate for naturopathic doctors within healthcare systems in the region.



Europe



OCN Fenaco Promotes Coherent Approach to Health



OCN Fenaco has produced an informational graphic to highlight that from a naturopathic perspective, human beings do not become ill out of nowhere; they lose health. In a world obsessed with “curing” diseases, naturopathy offers a coherent, rigorous, and sustainable approach.

By focusing on health rather than disease, the profession positions itself as a key player in promoting well-being globally. The axiom of restoring, maintaining, and enhancing health is not just a theoretical principle, but the basis of a praxis that transforms people's lives and contributes to a healthier and more conscious society.

Swiss National Council Adopts *Professional Bachelor & Professional Master* Titles

Julien Henzelin, Managing Director, Ecole Professionnelle Supérieure de Naturopathie (EPSN) reported that in December of 2025, the Swiss National Council approved a revision of the Federal Vocational and Professional Education and Training Act (LFPr) to introduce the supplementary titles “Professional Bachelor” and “Professional Master” for qualifications in higher vocational education and training in Switzerland.

This legislative change is part of a broader package of measures proposed by the Federal Council and elaborated by the State Secretariat for Education, Research and Innovation (SERI) and parliamentary committees to strengthen the attractiveness, clarity and international recognition of the Swiss vocational pathway. The reforms build on longstanding work – including a consultation process in 2024 and parliamentary debate throughout 2025 – aimed at better positioning Swiss higher vocational education both domestically and abroad. Supporters of the reform argued that the introduction of these title supplements is important for addressing Switzerland’s skilled-labor shortage and enhancing the international visibility of Swiss vocational qualifications – particularly in economic sectors that compete globally.

North America

Innovation in Telehealth

In an increasingly virtual world, École d’enseignement supérieur de naturopathie du Québec (ÉESNQ) has, in the last months, intentionally expanded its clinical pedagogy beyond the traditional in-class school clinic to include a structured and safety-oriented framework for telehealth and virtual consultations. Students are trained to operate both in-person clinical settings and online consultation practices, with a strong emphasis on ethical standards, client safety, professional boundaries, confidentiality, and quality of care in digital environments.



Through this approach, the virtual model has expanded pedagogical opportunities by allowing multiple trainees to observe consultations in real time, fostering collective clinical reasoning and reflective learning. Students are specifically trained to refine naturopathic questioning in telehealth settings, including detailed lifestyle mapping, environmental exposure assessment, stress-adaptation patterns, sleep architecture, digestive signaling, and self-regulation capacity.

Particular attention is given to teaching students how to detect non-verbal cues, voice changes, and behavioral patterns remotely, ensuring that the naturopathic assessment remains individualized, relational, and clinically meaningful despite physical distance.

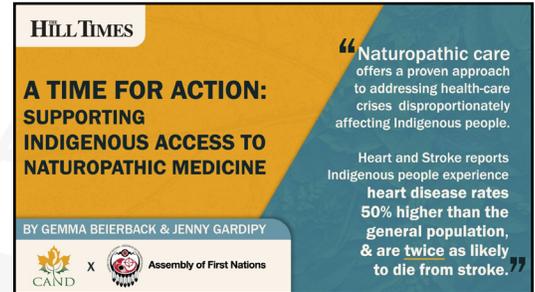
This innovative yet cautious approach prepares graduates to practice responsibly in evolving healthcare landscapes while maintaining high professional and ethical standards.

Photo: Aurélie Shun Chuen, graduating student, with Annie Morvan, clinical director, conducting a telehealth consultation from the school clinic in Montreal, Canada.



CAND Supports Access to Naturopathic Medicine for Indigenous People in Canada

The Canadian Association of Naturopathic Doctors (CAND) continues its ongoing advocacy in support of naturopathic medicine being covered in the non-insured health benefits program for many Indigenous People in Canada. They continue to work side by side with the Assembly of First Nations including a co-authored article in the Hill Times last year. In 2026, CAND is leading a group of Allied Health Associations pushing the government to address Indigenous health and benefits to naturopathic care along with other important healthcare modalities.



First ND Accepted to a Harvard Medical School Fellowship



Dr. Sarah Jae-Hwa Park, ND, MPH, a 2023 graduate of Bastyr University California, became the first ND accepted into the T32 Postdoctoral Research Fellowship in Integrative Medicine at Harvard Medical School. She recently completed her Master of Public Health in Clinical Effectiveness at the Harvard T.H. Chan School of Public Health.

She is now a third-year fellow in the Division of Preventive Medicine at Brigham and Women's Hospital. Congratulations Dr. Park!

Western Pacific



CMA Enables Transition to Degree Status

Throughout 2025 – 2026, Complementary Medicines Australia (CMA) delivered significant progress across education, advocacy and professional unity. The ongoing scholarship partnership with Southern Cross University continued enabling Diploma-qualified members to transition to degree status, strengthening academic pathways within the profession.

Photo: CMA Vice President Greg Fredericks and his assistant Carron actively engaged future practitioners at NatExpo Lifford in Melbourne.



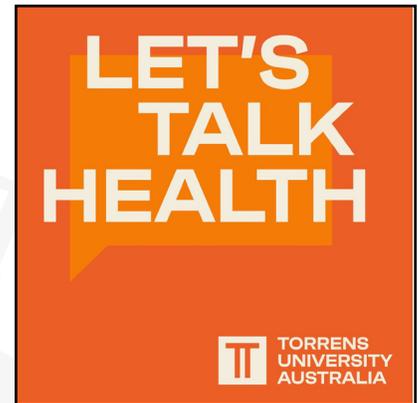


Torrens University Talks Health

Let's Talk Health Podcast, hosted by Natalie Cook, Naturopath, Torrens University Australia Director of Innovation, Industry and Employability in Health and Education, explores health and wellbeing topics. Each episode features insightful conversations with Health faculty and staff covering wide-ranging topics including mental health, chronic pain, nutrition, naturopathy, ageing and much more.

Recent episodes include:

- How naturopathy helps when nothing else does – Jasmine King, Naturopath
- The truth about organic farming – Dr. Liza Oates, PhD
- How to eat organic without breaking the bank – Dr. Liza Oates, PhD



Naturopaths and Herbalists Association of Australia (NHAA)

Special Interest Groups (SIGs): Professional Engagement

Naturopaths and Herbalists Association of Australia (NHAA)'s Special Interest Groups (SIGs) foster professional engagement and collaboration among members. They provide forums for discussion, knowledge exchange, and networking across areas including herbal medicine, research, environmental sustainability, technology and AI, and industry affairs. This year, NHAA launched a new SIG: Naturopathic Professionals in Industry.



Research & Professional Development

NHAA champions research and professional development to strengthen practice and build the profession's evidence base. Highlights include:

- **Research Capacity Building (RCB) Grants 2025 – 2026**, in their final stages, supporting postgraduate students and early career researchers to conduct projects on evidence generation, integration into health systems, and community empowerment.
- **Expansion of the AJHNM editorial board** and the **MACA Program** (Mentor an Author in exchange for Co-Authorship), supporting new authors to publish research while building scientific writing skills.
- **NHAA Graduation Pack**, created by NHAA, offering new graduates and early-career practitioner's checklists, tools, and guidance to navigate practice setup, finding clients, compliance, continuing education, and professional confidence.