



# 1st Quarter Update 2026

## WNF Timeline

Look up “timeline” in the dictionary, it dryly says ‘a list of events displayed in chronological order’. And while that may be true, it doesn’t begin to describe the achievements noted in the WNF’s latest addition to its website.

The WNF Timeline traces the organization’s arc from idea, to start-up, to celebrating its 10th Anniversary in 2024. To paraphrase, the past is not nearly as important as the future, but we wouldn’t be where we are today, nor a well prepared for the future, if it wasn’t for the hard work done over the past 11 years.

**2026**

- › **Working Group:** [Microbiome Education Working Group](#) launched
- › **Working Group:** [Professional Members Working Group](#) launched
- › **“Greetings from . . . ”:** [South Africa](#)

**2025**

- › **Committee:** Ad hoc Educational meetings
- › **Committee:** Face-to-Face (F-2-F) [Research Advocacy](#) meeting held in Rio de Janeiro, Brazil
- › **Working Group:** [Naturopathic Clinical Care \(NCC\) Working Group](#) launched
- › **Research:** Launch of Evidence Map on Antimicrobial Resistance (AMR) and Natural Therapies
- › **Publication:** [Guidelines for Establishing a Naturopathic Profession in a Country](#)
- › **Publication:** [Naturopathic Research Curriculum Guide](#)
- › **Publication:** [Commentary: The WHO’s Expedition into Traditional Medicine – A Naturopathic Observation](#)
- › **Social Media:** 566 posts, 14.2K followers
- › **“Greetings from . . . ”:** [Australia](#), [Brazil](#), [India](#), [Spain](#)
- › **Website:** Updates to the [Environmental Health](#) website
- › **Video:** [Celebrating Earth Day 2025 – WNF’s Messages](#)

## Rework of the WNF Committees & Working Groups

This year there has been a tremendous focus on reorganizing the WNF Committees and Working Groups. There are four main WNF Committees ([Membership](#), [Education](#), [Research](#) and [Communications](#)). WNF Committees reflect the core ongoing work of the WNF. Currently there are eight active Working Groups that highlight specific projects and initiatives. We are also in the process of adding Terms of Reference to the website for all WNF Committees and Working Groups to help clarify the function, structure and organization of each group.

Please check out the [WNF Committees and Working Group page](#) which highlights the tremendous volunteer support on each Committee and Working Group.

### WNF Committees

As a professional international association, the WNF is engaged in a diverse range of activities with the goal of enhancing and promoting the global naturopathic profession and supporting professional development of its members. The following are the Committees and Working Groups that support those efforts:

#### Membership Committee

#### Education Committee

Naturopathic Practitioner Program Working Group  
Naturopathic Roots Working Group

#### Research Committee

Naturopathic Clinical Care (NCC) Working Group  
Research Advocacy Working Group

#### Communications Committee

#### Working Groups Reporting to the Executive

Anti-Microbial Resistance (AMR) Working Group  
Environmental Health Working Group  
Microbiome Education Working Group  
Professional Members Working Group

#### World Naturopathic Federation Volunteers

The WNF is a volunteer-driven organization. Thank you to all our dedicated and talented volunteers.

> [2024 Volunteers](#)

> [Volunteer Archive](#)

## Launch of WNF Microbiome Education Working Group

The WNF has secured funding for a Microbiome Education Project. The microbiome education initiative was originally in response to a request for proposals (RFP) initiated by the World Health Organization (WHO) last September for Traditional Medicine projects that would improve healthcare globally. The WHO's RFP included governmental contacts and internal support, not funding, so as part of the submission process we reached out to a Corporate Sponsor to gauge interest.

Although the WHO did not choose our project, we have had a [Corporate Sponsor](#) agree to provide funding for the initiative. The goal of the project to create modules (likely through animated videos or other types of videos) that educate health professionals (naturopathic and other healthcare professionals) on the microbiome. The aim is to position naturopathic practitioners as expert in the "terrain" / microbiome and to illustrate the complexity of the microbiome, its essential role in all aspects of health and to highlight the exogenous and endogenous factors that impact the microbiome. The first meeting of the [WNF Microbiome Education Working Group](#) was held in early March. We will keep you abreast of this initiative as it develops.



## Welcome New Members

The WNF welcomes its newest [Full Member](#), Eastern Mediterranean Naturopathic Physicians Federation (EMNPF). The organization unites 10 licensed naturopathic doctors (NDs) from the United Arab Emirates, Bahrain, and Qatar. For membership inquiries, please [reach out](#).

---

## Naturopathic Clinical Care (NCC) Working Group Update

The phases of the Naturopathic Clinical Care (NCC) project include:

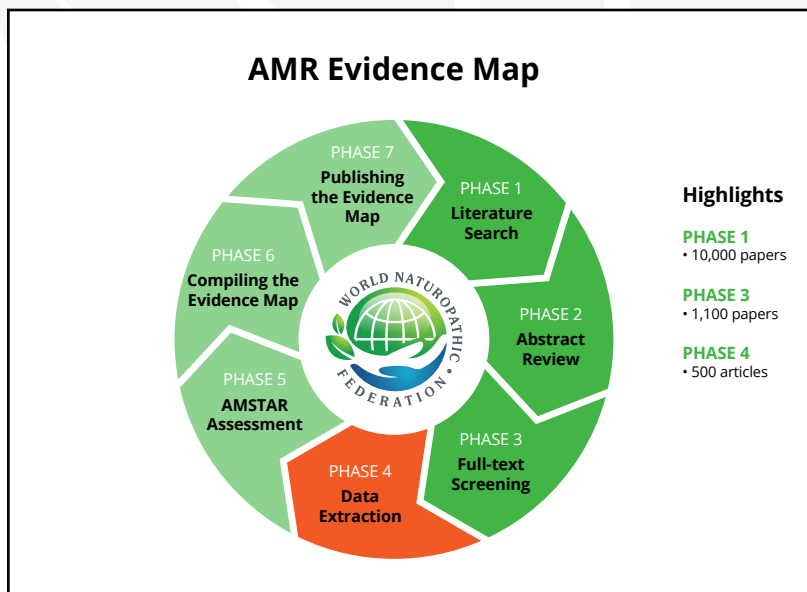
- Phase 1: Literature review
- Phase 2: Agreement on the Guiding Principles for the NCC Instruction Manual
- Phase 3: Seeking ethics approval and registration of the NCC project
- Phase 4: Review of current naturopathic assessment and diagnosis information
- Phase 5: Delphi survey with naturopathic experts in naturopathic assessment and naturopathic care
- Phase 6: Writing up the NCC Instruction manual
- Phase 7: Dissemination of the NCC Instruction manual
- Phase 8: Initiation of NCC guidelines for specific conditions.

Currently the Naturopathic Clinical Care (NCC) Working Group is working on Phase 3 and 4. This project will assist in codifying the valuable insights that have been gained from generational knowledge and modelling of naturopathic care to ensure that this traditional knowledge is not lost. The outcome of this project will have a significant impact on the naturopathic profession as it will codify essential aspects of naturopathic care and will greatly support interprofessional collaboration.

For more information, please [click](#) to watch this short presentation.

---

## AMR Evidence Map – Phase 3 Completed



Phase 3 of the AMR Evidence Map involved a detailed full text screening of 1100 articles. After excluding articles that didn't meet the criteria, we will have about 500 articles in Phase 4 which involves data extraction of the key information.

The map will clarify and validate the tremendous amount of research that is available with respect to the prevention and treatment of AMR Resistance using natural therapies and products. It will also add to the resources and education provided on the [WNF AMR website](#).

We are on track to the WNF AMR Evidence Map completed by the end of the year. Thank you to the Anti-Microbial Resistance (AMR) Working Group and the AMR Evidence Map Working Group for their hard work and volunteer time completing this project.

---

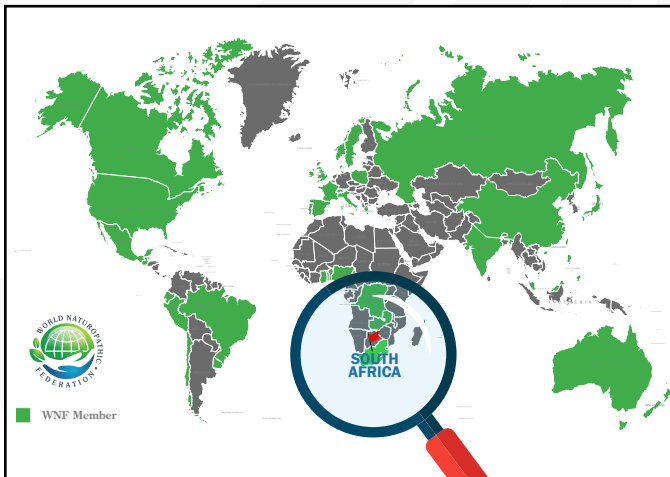
## Earth Day Video

Please watch for the [WNF Environmental Health Working Group Earth Day video](#) which will be appearing on the WNF Social Media on Wednesday, April 22nd. This video highlights the significant work of Dr. Moria Fitzpatrick, ND, PhD and the work of the WNF Environmental Health Working Group, and the content that appears on the [WNF Environmental Health website](#).

**EARTH DAY 2026:  
OUR POWER, OUR  
PLANET™**

---

## "Greetings from . . ."



"[Greetings from . . .](#)" the WNF's one-hour informal conversation with our members recently celebrated its 6th edition with an informative update from South Africa. Our South African colleagues highlighted the rich naturopathic history, the ongoing educational challenges and the regulatory status in the region. We encourage you to take a moment to [listen to the recording](#). Later this year, our spotlight will shift to naturopathy in Norway and the United States.

Missed an episode? Please click the link:

- [Canada](#), [Australia](#), [Brazil](#), [India](#), [Spain](#), [South Africa](#)

---

## Professional Members Working Group

WG Lead – Sarah Brenchley, Naturopath

In response to a request made during the [2025 General Assembly](#), the WNF has established the [Professional Members Working Group](#). This Working Group will be open to all [WNF Full Members](#) and [Non-Profit Partnerships \(NPPs\)](#) that are naturopathic member organizations. The goal of the Professional Members Working Group is to provide a platform for professional members to collaborate, to develop shared resources and to assist with the professional formation of naturopathic organizations. The first meeting of the Professional Members Working Group, held March 31, fulfilled its promise to open lines of communication between members. Plans for the second meeting include working collaboratively from the ground up to move the profession forward through shared resources and experiences. If you would like to part of the working group moving forward, please [email us](#).

---

## Save the Date – 2026 WNF Virtual AGM

The 2026 WNF Annual General Meeting (AGM) will be held [virtually](#) on August 12th.